

# Prepare your heart for Lent!



## Lenten Retreat with Father Richard Fragomeni

Join Father Richard as he guides us through a 90 minute reflection on healing and unity on this World Day of the Sick. The Catholic Church marks the annual day on February 11th, the feast of Our Lady of Lourdes.

**When: Feb 11, 2021 03:00 PM Eastern Time (US and Canada)**

Register in advance for this webinar retreat:

[https://zoom.us/webinar/register/WN\\_W-ATA7neQy-eVUpfFpqfkQ](https://zoom.us/webinar/register/WN_W-ATA7neQy-eVUpfFpqfkQ)

After registering, you will receive a confirmation email containing information about joining the webinar.



Rev. Richard N. Fragomeni is a priest in good standing of the Diocese of Albany, NY. He holds a STB in Theology and an MA in Religious Studies from the University of Louvain, Belgium, and a Ph.D in Religion and Culture from the Catholic University of America. He serves as the Chairperson of the Department of Word and Worship at The Catholic Theological Union, where he also serves as an Associate Professor of Liturgy and Homiletics. He is a published author of numerous books, including serving as contributing author of the *Blest Are We* catechetical series published by RCL Benziger.

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